



Upcoming Events:

- 1/5: *Big Sunday* 12:00 pm
 1/7: SMGA 10:00 am
 1/11: MGA - **Red Tee Open** 10:00 am
 1/12: *Big Sunday* 12:00 pm
 1/14: SMGA 10:00 am
 1/19: *Big Sunday* 12:00 pm
 1/21: SMGA 10:00 am
 1/26: *Big Sunday* 12:00 pm
 1/28: SMGA 10:00 am

*GH Dogfight's ~ Wednesday & Friday at 12:00 pm
 Saturday's at 10:00 am

*Big Sunday ~ Tee off btw 12-12:45 pm

*Senior MGA ~ Tuesday's at 10:00 am

*LGA ~ Thursday's at 10:00 am

Local Knowledge:

● **BIG SUNDAY!** New for 2014, Big Sunday will be a weekly event beginning at 12:00 pm. The format will change each week, keeping the competition fresh and exciting. The staff will randomly pair the teams and will accommodate anyone that may need to start with one of the later groups off the tee.

● Maintain or fine-tune your game with our *January Driving Range Special*. Place \$100 on your e-key and get an additional **\$25 added FREE!**

● Handicap Fees will be charged to member accounts this month. Anyone that would like to discontinue their use of the GHIN system or would like to be added for 2014 should contact the Golf Shop by January 15th.



Like us & keep up to date on Facebook!

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News from the Golf Shop

Let your New Year's resolution be playing more golf in 2014 by visiting your favorite golf course in the Midlands...Golden Hills Golf & Country Club! Beginning this month, we are excited for the new tournaments and chances for your families to get involved at Golden Hills.

The Men's Golf Association's first tournament of the year will be the Red Tee Open on Saturday, January 11th, with a 10:00am shotgun. This Texas Scramble will consist of all players hitting from the red tee and selecting their best tee ball, then playing their own ball the rest of the hole. The tournament scoring will be 1 gross best ball plus 1 net best ball of the foursome using 50% of handicap. All players will be paired by the golf shop using ABCD format. With the start of the new year, the 2014 MGA dues will be collected prior to the beginning of the tournament. The sign-up sheet has been posted in the Golf Shop, so sign up today!

Your annual 2014 GHIN handicap fee of \$25 will be charged to your member account on January 31st. If you would like to decline your GHIN handicap for 2014 please inform the Golf Shop staff by January 15th. Any member that is interested in establishing a handicap should also contact the Golf Shop to be added to the system.

Our Golf Shop is stocked with the latest trends from Nike, Adidas, Ashworth and all your favorite golf brands. Make sure to stop in and shop around for the best winter apparel. Our famous 3 Shirt Sale, which provides: 1 shirt 15% off, 2 shirts 25%

off and 3 or more shirts 35% off will continue through January.

Starting this month Golden Hills will be hosting **Big Sundays** every weekend! Starting January 5th we invite you all to join us at noon for a big round of competitive play, where the format will change from week to week. To participate you will need to call the Golf Shop before 11:30am Sunday morning. The staff will pair everyone randomly and will work to assist anyone that may need to tee off with the last group (btw 12:30-12:45).

Keep your game in check this winter by keeping your putts true and swings accurate! Make the most of the winter months by focusing on your technique. Our professionals, Steve & Robbie, can be tremendously helpful when it comes to any aspect of your game you are looking to improve.

Stay up to date on what's happening at Golden Hills by visiting www.goldenhillsgolf.com and our Facebook page. Both are provided for your convenience when seeking information on upcoming events, tee times, the MGA, SMGA, LGA, Dogfight and more!

We look forward to sharing an eventful and prosperous year ahead with you and your families. If we can assist you with any questions or comments in the upcoming months please feel free to let us know. *Happy New Year!*

Your Golf Staff,

Steve Larick, Robbie Prichard & Adam DeLoach



Potential Frost Delays Ahead!

As we move through the winter months, please be aware of the potential for frost delays. Driving a cart or walking on grass covered in frost causes damage to the leaf blade. Always check with the Golf Shop staff for updated information on playing and practice conditions, which includes both the driving range and putting green. Stay aware and know that we will do our best to keep things running as smoothly as possible.

Men's Golf Association

With a new slate of officers and committee members, the MGA is energized and ready for an exciting year ahead. A concerted effort is underway to grow the association with a nice mix of both golf and social events. In addition to the tournament, rules and handicap committees, the social and communications will work to keep the calendar of events full and something everyone will enjoy.

The *Red Tee Open* will be the first MGA event of the year. Held on January 11th, the Texas Scramble format will begin with a 10:00 am shotgun. A *Yellow Ball* tournament has been planned for February 8th and will be followed by the *MGA Invitational* in March.

If you are new to the club or if you haven't participated with the MGA in a while, we encourage you to give the MGA a try by participating in one of their upcoming events. To participate, drop by or contact the Golf Shop at (803) 957-3355.

Ladies Golf Association

The LGA officers and committee members will be meeting this month to finalize plans for 2014. With the increased participation and excitement within our association, we are poised for a fabulous year ahead.

While we have no official LGA events planned for this month, we invite ladies of all levels of play to join us each Thursday at 10:00 a.m. for our standing tee times. If you would like to join us, please contact the Golf Shop at (803) 957-3355.

2014 LGA Officers and Representatives:

President – Annemarie Keene; Vice President – Dawn Clark; Sec./Treas. – Carolyn Brooks; Events Chairman – Vicki Cyr; Sandlapper – Tia Davis; WSCGA Representative – Carolyn Brooks.

For more information on the LGA contact: Carolyn Brooks (803) 359-7070 or email: csbrooks@sc.rr.com

Five ways to Improve your Golf Game this Winter

1. **Take a lesson:** Changing your golf swing and making new habits takes time and repetition. The offseason is the best time to take a lesson, as you have time to make the change a habit before golf season gets here. Contact the professional staff at Golden Hills if you would like to inquire about a lesson.
2. **Work on your putting:** Spend time working on your putting everyday. It's a great time to check your fundamentals, such as grip and setup, as well as make small changes to improve your stroke.
3. **Improve your body:** The majority of golfers have a physical issue or issues that might prevent them from playing better golf. Our golf staff can assist you in obtaining an evaluation and prescription to improve your physical limitations or weaknesses.
4. **Practice in your mind:** The brain doesn't know the difference between visualization and reality. When you can't get out to play, go through Golden Hills in your mind (or our virtual tour online). Picture yourself hitting tee shots, approach shots and putts. Make every shot perfect.
5. **Swing everyday:** Put a club in your hands everyday. Make practice swings and feel the changes you're working on or visualize hitting the perfect shot. This will help you stay "in touch" with your clubs & your swing, as well as provide you with valuable repetition.

Senior Men's Golf Association

Happy New Year! With the beginning of 2014, we look forward to another year of Senior Men's golf outings and the great fellowship it affords. As we gear up for the year ahead, please remember to pay your "participation fee" of \$20 to our faithful Treasurer, Rich Antinozzi. Remittance can be made at the first match of our new season on Tuesday, January 7th or as soon as possible.

We held a two-day event in December on two consecutive weeks and the results are as follows:

Dec. 3, Individual Handicap:

1st - Jim Antill (63), 2nd - Herman Merrit (64), 3rd - John Zeigler (65), 4th - Joe Ademy (66), 5th - (tie) Jim Conlee and Clarence Simmons (67), 6th - Mark DiMaggio (68).

Dec. 11, Individual Handicap:

1st - Nick Rinaldi (64), 2nd - Jim Antill (66), 3rd - Dean Davis (67), 4th - Barry Long (68), 5th - Steve Johnston (70), 6th - (tie) John Zeigler and Larry Baines (71).

Congratulations to all of the winners from our December matches. We would also like to acknowledge and congratulate Kirk Wirth, as he received the SMGA "Player of the Year" designation for 2013.

The new year means new opportunities for you to finish in the winners circle in any of our events or even capture the "Player of the Year" title. Join us as we continue to compete, your day will surely come!

Please remember to contact Bubba Rinehardt at (803) 739-4807, if you plan to participate in our first event on Tuesday, Jan. 7th, or any subsequent match. As always, we invite any of our male members of the club who are 55 years of age or older to join us for these fun events. Each week brings a new and competitive format and we would welcome your participation.

"It's a funny thing, the more I practice the luckier I get."
~ Arnold Palmer

Courtside Notes:



Three Practice Elements to Reaching Your Potential

Provided by: Morné Hobson

It is almost certain that nearly everyone who strives to become a better tennis player fails to implement the three elements of practice in proper amounts or intensity. The Three Patterns of Practice? The "trifecta" of preparation is:

1. Stroke Production Mastery - developing the right technique and strategy through drills.
2. Live-ball Drills - putting those techniques in various rally situations.
3. Competitive Matches/Point Play Patterns - employing sound techniques and strategy in real pressure situations.

Players almost always favor one or two of these practice elements at the expense of the others. Focus on developing a practice combination that incorporates a balance of the 3 elements and the positive results will be sure to follow.

Hobson Performance Tennis (HPT) offers clinics and lessons for individuals, groups and teams. While junior tennis is a key focus at HPT, instruction is available for individuals of all ages and abilities. If you are looking to pick up the game, are in need of a lesson or if you would like to participate in a clinic, contact USPTR certified professional, Morné Hobson. You can reach Morné by calling (803) 719-1385 or email: Hobson1@windstream.net

Don't forget reserving a court is easy and available anytime by going online at www.goldenhillsgolf.com. Under the "tennis" tab, members can view available courts and times, then make a reservation. If you have questions or would like information on tennis at Golden Hills, contact our Tennis Coordinator, Melissa Kneeece at (803) 530-7293 or tennis@goldenhillsgolf.com