



### Upcoming Events:

- 2/2: **Super Sunday**  
 Super Ball 12:30 pm  
 Super Bowl Party 6:00 pm
- 2/8: MGA - Yellow Ball 10:00 am
- 2/9: FREE Ladies Clinic 2:00 pm
- 2/9: MGA Board Meeting 5:00 pm
- 2/23: SCGA One Day 8:00-12:00 T-Times
- 2/25: Gators Booster Club 12:00 pm

\*GH Dogfight's ~ Wednesday 12:30 pm;

Friday 12:00 pm & Saturday 10:00 am \*

(Due to cold temperatures Saturday start times may be pushed back to 11:00am. Check with the Golf Shop for confirmation each week)

\*Big Sunday ~ Tee off btw 12-12:45 pm

\*Senior MGA ~ Tuesday's at 10:00 am

\*LGA ~ Thursday's at 10:00 am

### Local Knowledge:

- **Potential Frost Delays Ahead!** As we move through winter, be aware of the potential for frost delays. Always check with the Golf Shop for updated information on playing & practice conditions (which includes both the driving range & putting green).

- **Get a Better Fit for your Swing!** If you would like to adjust your irons to better fit your swing we now have a machine to help you! The loft and lie machine can adjust your irons to help you hit better shots. Please ask Robbie or Steve for more information.

- **Always be prepared!** Locker rentals are available for you to store your gear & be ready to play whenever the opportunity arises. Contact the Golf Shop to check for availability.



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**Golden Hills Golf & CC**  
 100 Scotland Dr.  
 Lexington, SC 29072  
 803-957-3355  
[www.goldenhillsgolf.com](http://www.goldenhillsgolf.com)  
[info@goldenhillsgolf.com](mailto:info@goldenhillsgolf.com)

## News from the Golf Shop

The Seahawks and the Broncos will battle it out for Super Bowl XLVIII on February 2<sup>nd</sup>. Celebrate this exciting day for sports fans everywhere by joining us for our annual **Super Sunday**. The day will consist of our *Super Ball 4 Person Captain's Choice* tournament, with a 12:30 shotgun, followed by our Super Bowl viewing party, where heavy hors d'oeuvres and beer specials will be served. Sign up for the tournament as a team or individually in the Golf Shop. Members not participating in the tournament are encouraged to join us for the viewing party which will begin at 6:00pm. Call (803) 957-3355 to RSVP.

The MGA **Yellow Ball** will be hosted on February 8<sup>th</sup>, with a 10:00am shotgun. This is always a fun and exciting event with all the pressure being put on that little yellow ball. How it works; each 3 man team will be given one yellow ball with a specific predetermined order, the ball will then be rotated every hole between the team members. The yellow ball's net score must count and will be added to the other two player's best ball net score. Sign up individually or as a team in the golf shop today!

The LGA will be hosting a Spring Cleaning play date on Sunday, February 9<sup>th</sup> at 2:00pm. Join us for a **free** clinic with our professionals Steve and Robbie to clean up your game before the spring

golf season begins. If you would like to attend please call the golf shop to RSVP.

The turnout for **Big Sundays** has continued to grow week after week! We invite you all to join us at noon on Sundays for a big round of competitive play, where the format changes from week to week. Anyone interested in playing will need to call the Golf Shop before 11:30am Sunday morning. The golf staff will pair everyone randomly.

Wanting to keep up to date on all Golden Hills information? Our website [www.goldenhillsgolf.com](http://www.goldenhillsgolf.com) and Facebook page are provided for your convenience when you're seeking information on upcoming events, weekly tee times, MGA, SMGA, LGA news, Dogfights and more! Make sure to stay connected and current on all Golden Hills has to offer!

Golden Hills G&CC has been voted the 2014 Best Golf Course by Lexington Life magazine! Once again we have proved to be as good as the best and better than the rest. We look forward to 2014 and keeping our title as the best golf course in the midlands. Thank you for all your continued support!

Your Golf Staff,  
 Steve Larick, Robbie Prichard & Adam Deloach

### Winter Golf Tips

**Know your winter club distances:** Your distances are significantly less in cold weather. Go to the driving range or use your GPS to accurately measure your distances for each club.

**Allow for soft greens:** Unless it's frosty then you will get little if any run on green approaches so factor this into your club choice.

**Adjust your strategy & expectation for winter:** Just because it's a par 4 & you easily hit the green in 2 in the summer doesn't mean you should expect the same in winter. If you are not going to make it in 2 consider mentally adjusting it to a par 5. Play it as a 3 shot with a strategy that leaves you a preferred lay up distance to the hole. This allows you to swing within yourself & maybe use a couple of mid irons to get in position. If you have taken the time to know your winter wedge distance & account for soft greens you

stand a good chance of producing a satisfying deadly accurate approach to set up a chance of a par/winter birdie.

**Be smarter from the rough:** Wet grass can grab the hosel of the club which often produces a snap hook. On longer shots from the wet rough consider using a rescue club as this cuts through the grass more effectively than a iron. For the shorter shots cock the wrists earlier than normal to create a steeper angle of approach which will help to get to the back of the ball without getting caught up in the grass before contact.

**Always clean your ball whenever possible:** Use the Winter Rules/Preferred Lies. The R&A have given clubs the provision of allowing this local rule "to protect the course or to promote fair and pleasant play". So make sure you take advantage when this lift, clean & place rule is in play. Lift & clean even if you look down & it appears clean & lying well. Any mud on the bottom of the ball will affect the flight of your shot.

## Member Account Updates

In order to insure that we have your membership information correct and up to date, please remit your current **mailing address, email and phone numbers**. To submit your information: email [info@goldenhillsgolf.com](mailto:info@goldenhillsgolf.com), call the Golf Shop (803) 957-3355 or enclose the information along with your next mail remittance to Golden Hills. *Thank You!*

## Ladies Golf Association

It's time to get the LGA's 2014 golf year started! There isn't a better way to get your game geared up than with a 9 hole golf experience with the professional staff at Golden Hills. Our Pro and Assistant Pro, Steve and Robbie, will be hosting a **FREE** LGA golf clinic on February 9<sup>th</sup>, at 2:00pm. The clinic will be limited to the first 16 people that sign up so call the Golf Shop to reserve your spot.

Our first meeting of the year will be on Thursday, February 13<sup>th</sup>. The meeting will be held at the Wings and Ale (Lexington location) at 6:00pm. If you have anything to bring up at the meeting, please contact our President, Annemarie ([snauzers@yahoo.com](mailto:snauzers@yahoo.com)), and she will add you to the agenda.

Ladies of all levels of play are invited to join us each Thursday at 10:00am for our standing tee times. If you would like to join us, please contact the Golf Shop at (803) 957-3355.

We looking forward to seeing YOU at our February 13<sup>th</sup> meeting and feel free to bring a prospective member with you!

2014 LGA Officers and Representatives:  
President – Annemarie Keene; Vice President – Dawn Clark; Sec./Treas.– Carolyn Brooks; Events Chairman – Vicki Cyr; Sandlapper – Tia Davis; WSCGA Representative – Carolyn Brooks.

For more information on the LGA contact: Carolyn Brooks (803) 359-7070 or email: [csbrooks@sc.rr.com](mailto:csbrooks@sc.rr.com)

## Senior Men's Golf Association

### **New Registration Procedure!**

For those who are not already aware, we have begun a new way of registering for our weekly Tuesday tournaments. If you want to be included on the roster, you must call the Golf Shop between 7:30 & 9:00am on any Tuesday you want to play. The roster will be prepared and posted by 9:30am so you'll know with whom you'll be playing.

On another note, our FCA sponsored Sr. Men's Bible Study will reconvene the first Tuesday in March, one hour prior to our tee time. Bring your Bible and we'll meet in the private room adjacent to the main dining area of the clubhouse.

Results of our matches since the last newsletter:

### **Jan. 14, Individual Handicap**

1<sup>st</sup> - Barry Long (63), 2<sup>nd</sup> - Clarence Simmons (66), 3<sup>rd</sup> - Mac Moore (67), 4<sup>th</sup> - (tie) Curtis Cooley, Jim Conlee (68).

### **Jan. 21, Points Match**

1<sup>st</sup> - Joe Ecker (+10), 2<sup>nd</sup> - Rich

Antinozzi (+6), 3<sup>rd</sup> - George Cobb (+5), 4<sup>th</sup> - (tie) John Zeigler, Bob Amory, Dave Reynolds (+4), 7<sup>th</sup> - (tie) Rick Green, Knut Brockman, Jim Antill, Jim Conlee (+3).

### **Jan. 27, Individual Handicap**

1<sup>st</sup> - John Curry (60), 2<sup>nd</sup> - (tie) Ray Cheillini, Harry Smith (65), 4<sup>th</sup> - (tie) Rick Green, Jim Antill, Larry Baines (66), 7<sup>th</sup> - Ray Wright (67).

Congratulations to all of the above winners! Hopefully, the weather will soon warm up and we'll enjoy more great golf together.

As a reminder and invitation, all senior members of our club, age 55 or older, can get in on the SMGA fun. Simply follow the new registration instructions stated in our opening remarks. Also, if you have not yet paid your \$20 participation fee, please remit it to Rich Antinozzi, SMGA Treasurer, as soon as possible.

## Courtside Notes:



### Three Practice Elements to Reaching Your Potential

*Provided by: Morné Hobson*

It is almost certain that nearly everyone who strives to become a better tennis player fails to implement the three elements of practice in proper amounts or intensity. The Three Patterns of Practice? The 'trifecta' of preparation is:

1. Stroke Production Mastery - developing the right technique and strategy through drills.
2. Live-ball Drills - putting those techniques in various rally situations.
3. Competitive Matches/Point Play Patterns - employing sound techniques and strategy in real pressure situations.

Players almost always favor one or two of these practice elements at the expense of the others. Focus on developing a practice combination that incorporates a balance of the 3 elements and the positive results will be sure to follow.

Hobson Performance Tennis (HPT) offers clinics and lessons for individuals, groups and teams. While junior tennis is a key focus at HPT, instruction is available for individuals of all ages and abilities. If you are looking to pick up the game, are in need of a lesson or if you would like to participate in a clinic, contact USPTR certified professional, Morné Hobson. You can reach Morné by calling (803) 719-1385 or email: [Hobson1@windstream.net](mailto:Hobson1@windstream.net)

Don't forget reserving a court is easy and available anytime by going online at [www.goldenhillsgolf.com](http://www.goldenhillsgolf.com). Under the "tennis" tab, members can view available courts and times, then make a reservation. If you have questions or would like information on tennis at Golden Hills, contact our Tennis Coordinator, Melissa Kneece at (803) 530-7293 or [tennis@goldenhillsgolf.com](mailto:tennis@goldenhillsgolf.com)