

2017 Golden Hills Swim Lessons

Swimmer's Name (s): _____

Age (s): _____

Ability Level (please check one) If multiple swimmers, please place each swimmer's first initial next to their level.

- Beginners** (ages 4-6) Swimmers will learn to submerge face, blow bubbles, float on front & back, and kick.
- Advanced Beginner** (ages 4-7) Swimmers should already be able to float and will learn to glide with kicking action, plus basic arm and leg techniques for front and back swimming.
- Intermediate** (ages 5-8) Lessons will focus on freestyle and backstroke technique, rhythmic breathing, and racing dives.
- Competitive** (ages 7+) Swimmers will learn all four competitive strokes, racing dives, turns, and endurance.
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Session Dates (please check one):

There are 8 lessons in each session. Classes will be held Monday – Thursday. Sessions 1 – 4 will be held from 11:00 – 11:30 am. Classes for Session 5 will be held in the evening from 6:00 – 6:30 pm

- Session 1: **June 5 - 15**
- Session 2: **June 19 – June 29**
- Session 3: **July 3 - July 13*** **Class will not be held on 7/4/17; Make-up class will be held 7/7/17*
- Session 4: **July 17 – July 27**
- Session 5: **July 17 – July 27*** **Evening Session: 6:00 pm - 6:30 pm*
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Parent/Legal Guardian Name: _____

Phone: _____

Email: _____

Fees:

Members: \$60 per swimmer / per session

Non-Members: \$80 per swimmer / per session

Please fill out form completely and **make check payable** to **Ashley Dunnivant**
Drop off or mail form and check to: Golden Hills 100 Scotland Dr. Lexington SC 29072

Questions? email: ashleydunnivant@hotmail.com or call: (803)-730-6973