

# 2020 Golden Hills Swim Lessons

Swimmer's Name (s): \_\_\_\_\_

Age (s): \_\_\_\_\_

**Ability Level** (please check one) If multiple swimmers, please place each swimmer's first initial next to their level.

- Beginners** (ages 3-6) Swimmers will learn to submerge face, blow bubbles, float on front & back, and kick.
- Advanced Beginner** (ages 4-7) Swimmers should already be able to float and will learn to glide with kicking action, plus basic arm and leg techniques for front and back swimming.
- Intermediate** (ages 5-8) Lessons will focus on freestyle and backstroke technique, rhythmic breathing, and racing dives.
- Competitive** (ages 7+) Swimmers will learn all four competitive strokes, racing dives, turns, and endurance.
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**Session Dates** (please mark preferred date & time):

There are 8 lessons in each session. Classes will be held Monday – Thursday. We provide 2 lesson times to ensure a small group size in Sessions 1 – 4. We will do our best to accommodate time preferences. **Please be aware that swimmers may need to be moved to another time slot to work out swim level groupings for any particular session.** If this happens you will be notified 2 days prior to the first session.

- Session 1: **June 8 – 18**      \_\_\_ 11:00-11:30am -or- \_\_\_ 11:30-12:00pm
- Session 2: **June 22 – July 2**      \_\_\_ 11:00-11:30am -or- \_\_\_ 11:30-12:00pm
- Session 3: **July 6 - July 16**      \_\_\_ 11:00-11:30am -or- \_\_\_ 11:30-12:00pm
- Session 4: **July 6 - July 16\***      \_\_\_ 6:00-6:30pm -or- \_\_\_ 6:30-7:00pm      \*Evening Session
- Session 5: **July 20 – July 30**      \_\_\_ 11:00-11:30am -or- \_\_\_ 11:30-12:00pm
- Session 6: **July 20 – July 30\***      \_\_\_ 6:00-6:30pm -or- \_\_\_ 6:30-7:00pm      \*Evening Session
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Parent/Legal Guardian Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Fees:** Members: \$70 per swimmer / per session  
Non-Members: \$90 per swimmer / per session

Please fill out form completely and **make check payable** to **Ashley Dunnivant**  
Drop off or mail form and check to: Golden Hills 100 Scotland Dr. Lexington SC 29072  
Questions? email: ashleydunnivant@hotmail.com or call: (803) 730-6973

**GOLDEN HILLS GOLF & COUNTRY CLUB, INC.**  
**POOL USE AGREEMENT**

**Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. **COVID-19 is extremely contagious** and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

**Golden Hills Golf & Country Club Inc. (“the Club”)** has put in place preventative measures to reduce the spread of COVID-19; however, the Club **cannot guarantee** that you or your child(ren) will not become infected with COVID-19. Further, **attending the Club could increase** your risk and your child(ren)’s risk of contracting COVID-19.

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By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the club pool and related activities at the Club and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Club may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Club employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)’s attendance at the Club or participation in Club pool and related activities (“Claims”). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless and indemnify the Club, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind including Attorney fees arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Club program.

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**Signature of Parent/Guardian**

**Date**

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**Print Name of Parent/Guardian**